

PSA follow up diary

Date	Treatment	PSA Result	Comments/Follow-up

Zoladex[®]
goserelin

Date	Treatment	PSA Result	Comments/Follow-up

Reporting of side effects
If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at <https://yellowcard.mhra.gov.uk/>. By reporting side effects you can help provide more information on the safety of this medicine.

AstraZeneca
GB-60380
Date of preparation: November 2024

to the
point

Straight-talking support for
men with prostate cancer

Using Zoladex[®] 3.6mg (goserelin)
or Zoladex[®] LA 10.8mg (goserelin)
for the treatment of **Prostate Cancer**

Your questions answered

Zoladex[®] AstraZeneca

goserelin

This leaflet should be read in conjunction with the
patient information leaflet that comes with your
Zoladex 3.6mg/ Zoladex LA 10.8mg injection

Provided by AstraZeneca as a service to medicine

What is Zoladex?^{1,2}

Zoladex contains a medicine called goserelin. This belongs to a group of medicines called ‘LHRH analogues’.

Zoladex comes as an implant (a very small pellet) in a pre-filled syringe, ready to be used by the doctor or nurse.

Where is Zoladex injected?^{1,2}

The Zoladex Implant will be injected under the skin on your stomach. It is important that you keep having Zoladex treatment, even if you are feeling well.

Keep having this treatment until your doctor decides that it is time for you to stop.

Who will give me the injection?^{1,2}

Your doctor or nurse will give you Zoladex.

How does the drug work?^{1,2}

In men, Zoladex is used to treat prostate cancer. It works by reducing the amount of ‘testosterone’ (a hormone) that is produced by your body.

How often do I need to have a dose?^{1,2}

Zoladex 3.6mg is given every 28 days and Zoladex LA 10.8mg is a long-acting form of Zoladex and is given every 12 weeks. Always remind the doctor or nurse to set up an appointment for your next injection. If you are given an appointment for your next injection which is earlier or later than 28 days or 12 weeks from your last injection, tell your doctor or nurse. If it has been more than 28 days or 12 weeks since your last injection, contact your doctor or nurse so that you can receive your injection as soon as possible.

What other side effects does Zoladex cause?^{1,2}

Like all medicines, this medicine can cause side effects, although not everybody gets them. For a full list of possible side effects, please read your patient information

What are the most common side effects?^{1,2}

The most common side effects of Zoladex are: Hot flushes and sweating, a reduced sex drive and impotence, pain, bruising, bleeding, redness or swelling where Zoladex is injected. If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet.

leaflet, which comes with your Zoladex 3.6mg/ Zoladex LA 10.8g injection. These side effects apply to all similar hormonal treatments for prostate cancer.

Will the side effects of Zoladex stop once I have finished the treatment?^{1,2}

Occasionally these side effects may continue for some time (possibly months) after stopping Zoladex.

Ref

1. eMC. Zoladex 10.8mg patient information leaflet. May 2023. <https://www.medicines.org.uk/emc/product/1567/pil> (Accessed November 2024).

What happens if I can't get to my appointment exactly 4 weeks/12 weeks after my last dose – if I'm on holiday, for example?^{1,2}

You should make every effort to have your Zoladex 3.6mg injection exactly 28 days, or Zoladex LA 10.8mg every 12 weeks, after your last dose. If you don't think you will be able to make your appointment, you should speak to your GP or practice nurse as soon as possible.

2. eMC. Zoladex 3.6mg patient information leaflet. June 2023. <https://www.medicines.org.uk/emc/product/1543/pil> (Accessed November 2024).